

# Essential Artifact Submission Form

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**Class:** 0717 NSG 4850 - XO3 Capstone Course

**TITLE OF REFLECTION:** NSG4850-Capstone Course

## **BSN Program Student Learning Outcomes**

**Check indicators demonstrated through your artifact.**

- ☒ Synthesize knowledge from the arts and sciences to form a foundation for the practice of professional nursing.
- ☒ Provide holistic, culturally competent care for individuals, families, and populations through health promotion and disease prevention across the lifespan and healthcare continuum.
- ☒ Integrate professional values and behaviors when delivering standards-based nursing care to diverse patients and populations.
- ☒ Develop leadership skills to provide and continuously improve the delivery of safe, patient-centered quality healthcare.
- ☒ Incorporate best practices and the most current evidence when using clinical reasoning to make practice decisions.
- ☒ Incorporate the use of information systems and technology in order to communicate, manage knowledge, mitigate error, and support decision-making.
- ☒ Integrate effective communication and collaboration skills to improve patient satisfaction and health outcomes.

## **General Education Competencies**

**Check indicators demonstrated through your artifact.**

- ☐ Cultural Competence: Learners will demonstrate an understanding of philosophies that represent social, emotional, and behavioral attributes of society and individuals.
- ☒ Communication: Learners will demonstrate an understanding of the views of others and communicate in a professional manner.
- ☒ Critical Thinking: Learners will demonstrate the ability to draw conclusions based on evidence and consider prior knowledge, context and perspectives in predicting implications or consequences.
- ☒ Information Technology: Learners will demonstrate the ability to use computers, software applications, databases, and other technologies to achieve a variety of academic and work-related goals.
- ☒ Quantitative Literacy: Learners will demonstrate the ability to report, calculate, and analyze quantitative data.
- ☐ Scientific Literacy: Learners will gain the ability to read with understanding scientific content and engage in a dialogue about scientific issues.

## **Essential I: Liberal Education for Baccalaureate Generalist Nursing Practice.**

**Check indicators demonstrated through your artifact.**

- ☐ Physical, natural, life science, math, social sciences.
- ☐ Fine art, performing art, humanities.

## **Essential II: Basic Organizational and Systems Leadership for Quality Care and Patient Safety.**

**Check indicators demonstrated through your artifact.**

- ☒ Demonstrate knowledge and skills in leadership.
- ☒ Describe quality improvement.
- ☒ Advocate for patient safety.
- ☒ Demonstrate caring, effective communication with all constituents.
- ☒ Describe and navigate in complex organizational systems.

**Essential III: Scholarship for Evidence Based Practice (Professional nursing practice is grounded in the translation of current evidence into one's practice).****Check indicators demonstrated through your artifact.**

- ☒ Provide evidence-based nursing interventions.
- ☒ Delineate interrelationships among theory, practice, research.
- ☒ Describe the elements of the research process and application.
- ☒ Advocate for protection of human subjects.
- ☒ Evaluate credibility of information.
- ☒ Participate in retrieval, appraisal, and synthesis of evidence.

**Essential IV: Information Management and Application of Patient Care Technology.****Check indicators demonstrated through your artifact.**

- ☐ Understand information management and the impact upon patient outcomes.
- ☐ Employ a variety of patient care technologies.
- ☐ Demonstrate effectiveness in telecommunication technologies.
- ☒ Apply decision making tools to support safe practice.
- ☐ Use CIS systems to document interventions and improve patient outcomes.
- ☒ Evaluate data to inform the delivery of care.
- ☒ Maintain ethical standards related to data and patient rights.
- ☐ Participate in evaluation of information systems.

**Essential V: Health Care Policy, Finance, and Regulatory Environments****Check indicators demonstrated through your artifact.**

- ☒ Understand healthcare policies and financial implications.
- ☐ Explore regulatory environments and the impact on healthcare.
- ☐ Understand global trends.
- ☐ Be familiar with legislative and regulatory process in healthcare.
- ☐ Explore socio-cultural, economic, legal influence on practice.
- ☐ Describe role of regulatory agencies and impact on patient outcome, quality, and practice.
- ☐ Discuss healthcare policy related to access, equity, affordability, and social justice.
- ☐ Use an ethical framework to evaluate healthcare policies.
- ☐ Participate in political processes that influence healthcare policy.

**Essential VI: Interprofessional Communication and Collaboration for Improving Patient Health Care Outcomes****Check indicators demonstrated through your artifact.**

- ☒ Understand multi-disciplinary roles of the healthcare team.
- ☒ Employ effective communication to resolve conflict, foster teamwork.
- ☒ Advocate for high quality care as a member of the healthcare team.

**Essential VII: Clinical Prevention and Population Health****Check indicators demonstrated through your artifact.**

- ☐ Assess protective and predictive factors, including genetics, which influence health.
- ☐ Assess health from a holistic perspective, including values, attitudes of families, groups, communities and populations.
- ☒ Promote health, manage illness.
- ☐ Use EBP to guide health teaching, screening, and counseling, throughout lifespan.
- ☐ Assess health, healthcare, and emergency preparedness needs of a defined population.
- ☒ Develop an intervention plan that considers health, resources, prevention of illness, injury, disability, and premature death.
- ☒ Participate in prevention and population-focused interventions related to effectiveness, efficiency, cost-effectiveness, and equity.
- ☒ Advocate for social justice, including health of vulnerable populations.

**Essential VIII: Professionalism and Professional Values**  
**Check indicators demonstrated through your artifact.**

- ☒ Demonstrate professional standards of moral, ethical, and legal conduct.
- ☒ Exhibit accountability, role modeling professional values, professionalism, and integrity.
- ☒ Identify personal, professional, and environmental risks that impact personal and professional choices.
- ☐ Examine practice for promotion of social justice.
- ☐ Articulate value of professional growth and development and lifelong learning.
- ☒ Protect patient privacy and confidentiality.

**Essential IX: Baccalaureate Generalist Nursing Practice.**  
**Check indicators demonstrated through your artifact.**

- ☒ Demonstrate caring and health techniques that promote a therapeutic nurse-patient relationship.
- ☐ Conduct assessment across populations and lifespan.
- ☐ Recognize constructs of genetics on health, prevention, screening, diagnostics, prognostics, treat.
- ☐ Provide holistic care across the lifespan.
- ☒ Communicate effectively with patients, families and healthcare team.
- ☒ Provide compassionate, patient-centered, evidence-based care.
- ☒ Provide nursing care based on evidence that contributes to safe and high quality patient outcomes.

**Type your reflection narrative in a word document and then copy/paste into the box below**

NSG4850- Capstone course

1. Discuss at least one standard from within each of the three standard subsets

1. Program Student Learning Outcomes

1. The incorporation of all of what we learned in our journey to BSN, the information systems and technology to communicate, manage knowledge, and support decision-making into our everyday practice helps to empower us as healthcare workers to improve our process of effective communication and collaboration skills to improve the quality of patient care, patient satisfaction and healthier outcomes.

2. General Education Competencies

1. Critical Thinking: with what we have learned we will be able to demonstrate the ability to conclude based on evidence and prior knowledge, context and perspectives in predicting implications or consequences. This helps the thinker improve the quality of their thinking by skillfully analyzing, and assessing to come up with the best patient outcomes.

3. Baccalaureate Essentials

1. Advocate for patient safety. Patient safety is what we're all about. In this course, we processed a quality improvement through a small change project. We engaged and improved on the nurse's role of educator and a process improvement through EBP to improve patient outcome.

2. Relate at least two class activities to the development of this artifact (readings, case studies, lecture content etc.) The two class activities that was related to the reflection document were the revisiting of the nursing philosophy and BSN Essentials. All the presentations and discussions have helped in the process of doing the small change project.

3. Explain how you were challenged in creating the artifact.

The challenging part of my project was managing my time. Also, getting co-works to get onboard with the change. Most did with some not as consistent as others.

4. State what skills you now have as a result of participating in the artifact development process.

I am more aware of what goes into doing research and the process of making change within a system.

5. Describe the impact of future actions the artifact has inflicted on you, both in upcoming learning at Galen and in your future role as a BSN nurse.

In the future, I will have a better understanding of process improvement projects and support my coworkers of theirs. To improve our organization, we need to work together as a whole.