

Essential Artifact Submission Form

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Class: 0216 NUR 300 - XO2 Transition to Baccalaureate Nursing

TITLE OF REFLECTION: NUR300reflection

BSN Program Student Learning Outcomes

Check indicators demonstrated through your artifact.

☒ PSLO1 - Synthesize knowledge from the sciences and humanities as a foundation for the practice of professional nursing across multiple contexts.

☐ PSLO2 - Demonstrate leadership in improving organizations and systems to promote culturally competent quality care and patient safety.

☐ PSLO3 - Integrate patient/family preferences with scholarly research and systematic inquiry to deliver evidenced based competent nursing care.

☐ PSLO4 - Manage data to monitor the outcomes of care processes and use improvement methods to continuously improve the quality and safety of health care systems.

☐ PSLO5 - Apply leadership principles to effect change in health care and health policy at the local, state, national and international levels.

☐ PSLO6 - Implement health promotion and disease prevention strategies at the individual and population level to improve health of diverse populations across the lifespan and across the continuum of healthcare environments.

☐ PSLO7 - Integrate professional values of altruism, autonomy, human dignity, integrity, and social justice to the discipline of nursing.

☐ PSLO8 - Demonstrate continuous cultural competency development in the delivery of holistic caring to patients, including individuals, families, groups, communities, and populations across the lifespan and across the continuum of healthcare environments.

☐ PSLO9 - Improve patient health outcomes among diverse populations through the promotion of effective inter-professional and collaboration communication.

General Education Competencies

Check indicators demonstrated through your artifact.

☒ Cultural Competence: Learners will demonstrate an understanding of philosophies that represent social, emotional, and behavioral attributes of society and individuals.

☐ Communication: Learners will demonstrate an understanding of the views of others and communicate in a professional manner.

☐ Critical Thinking: Learners will demonstrate the ability to draw conclusions based on evidence and consider prior knowledge, context and perspectives in predicting implications or consequences.

☒ Information Technology: Learners will demonstrate the ability to use computers, software applications, databases, and other technologies to achieve a variety of academic and work-related goals.

☐ Quantitative Literacy: Learners will demonstrate the ability to report, calculate, and analyze quantitative data.

☐ Scientific Literacy: Learners will gain the ability to read with understanding scientific content and engage in a dialogue about scientific issues.

Essential I: Liberal Education for Baccalaureate Generalist Nursing Practice.

Check indicators demonstrated through your artifact.

☒ Physical, natural, life science, math, social sciences.

☐ Fine art, performing art, humanities.

**Essential II: Basic Organizational and Systems Leadership for Quality Care and Patient Safety.
Check indicators demonstrated through your artifact.**

- ☒ Demonstrate knowledge and skills in leadership.
- ☐ Describe quality improvement.
- ☒ Advocate for patient safety.
- ☒ Demonstrate caring, effective communication with all constituents.
- ☐ Describe and navigate in complex organizational systems.

**Essential III: Scholarship for Evidence Based Practice (Professional nursing practice is grounded in the translation of current evidence into one's practice).
Check indicators demonstrated through your artifact.**

- ☒ Provide evidence-based nursing interventions.
- ☐ Delineate interrelationships among theory, practice, research.
- ☐ Describe the elements of the research process and application.
- ☐ Advocate for protection of human subjects.
- ☐ Evaluate credibility of information.
- ☐ Participate in retrieval, appraisal, and synthesis of evidence.

**Essential IV:: Information Management and Application of Patient Care Technology
Check indicators demonstrated through your artifact.**

- ☐ Understand information management and the impact upon patient outcomes.
- ☐ Employ a variety of patient care technologies.
- ☐ Demonstrate effectiveness in telecommunication technologies.
- ☐ Apply decision making tools to support safe practice.
- ☐ Use CIS systems to document interventions and improve patient outcomes.
- ☐ Evaluate data to inform the delivery of care.
- ☐ Maintain ethical standards related to data and patient rights.
- ☐ Participate in evaluation of information systems.

**Essential V: Health Care Policy, Finance, and Regulatory Environments
Check indicators demonstrated through your artifact.**

- ☐ Understand healthcare policies and financial implications.
- ☐ Explore regulatory environments and the impact on healthcare.
- ☐ Understand global trends.
- ☐ Be familiar with legislative and regulatory process in healthcare.
- ☐ Explore socio-cultural, economic, legal influence on practice.
- ☐ Describe role of regulatory agencies and impact on patient outcome, quality, and practice.
- ☐ Discuss healthcare policy related to access, equity, affordability, and social justice.
- ☐ Use an ethical framework to evaluate healthcare policies.
- ☐ Participate in political processes that influence healthcare policy.

**Essential VI: Interprofessional Communication and Collaboration for Improving Patient Health Care Outcomes
Check indicators demonstrated through your artifact.**

- ☐ Understand multi-disciplinary roles of the healthcare team.
- ☐ Employ effective communication to resolve conflict, foster teamwork.
- ☐ Advocate for high quality care as a member of the healthcare team.

**Essential VII: Clinical Prevention and Population Health
Check indicators demonstrated through your artifact.**

- ☐ Assess protective and predictive factors, including genetics, which influence health.
- ☐ Assess health from a holistic perspective, including values, attitudes of families, groups, communities and populations.
- ☐ Promote health, manage illness.
- ☐ Use EBP to guide health teaching, screening, and counseling, throughout lifespan.
- ☐ Assess health, healthcare, and emergency preparedness needs of a defined population.
- ☐ Develop an intervention plan that considers health, resources, prevention of illness, injury, disability, and premature death.
- ☐ Participate in prevention and population-focused interventions related to effectiveness, efficiency, cost-effectiveness, and equity.
- ☐ Advocate for social justice, including health of vulnerable populations.

Essential VIII: Professionalism and Professional Values**Check indicators demonstrated through your artifact.**

- ☐ Demonstrate professional standards of moral, ethical, and legal conduct.
- ☐ Exhibit accountability, role modeling professional values, professionalism, and integrity.
- ☐ Identify personal, professional, and environmental risks that impact personal and professional choices.
- ☐ Examine practice for promotion of social justice.
- ☐ Articulate value of professional growth and development and lifelong learning.
- ☐ Protect patient privacy and confidentiality.

Essential IX: Baccalaureate Generalist Nursing Practice**Check indicators demonstrated through your artifact.**

- ☐ Demonstrate caring and health techniques that promote a therapeutic nurse-patient relationship.
- ☐ Conduct assessment across populations and lifespan.
- ☐ Recognize constructs of genetics on health, prevention, screening, diagnostics, prognostics, treat.
- ☐ Provide holistic care across the lifespan.
- ☐ Communicate effectively with patients, families and healthcare team.
- ☐ Provide compassionate, patient-centered, evidence-based care.
- ☐ Provide nursing care based on evidence that contributes to safe and high quality patient outcomes.

Copy and paste your reflection HERE.

Reflection Document

1.
 - A) In SLO through this project I was able to identify some of the different roles available to the professional nurse. And to look closer into these roles to see opportunities to explore ways to improve or investigate goals within the healthcare delivery system.
 - B) This project helped to enhance my basic competencies by looking at the nursing profession influences it has on healthcare. Their skills and use of critical thinking, their compassion and self-accountability, these all play a role in giving that higher quality care.
 - C) It is hard to pick just one essential to discuss, with in the practice of nursing you use all the essentials. But becoming aware of each essential you look closer and your own practice and make decisions that will enhance your practice and improve patient outcome.
2. Looking at the Theorist and their philosophy of nursing care help with this project by exploring the different theorist and the philosophy they are teaching falls into many venues of the nursing practice. Looking at the American Nurses Association and the International Council of Nurses you find nurse led groups that are defining and promoting the nursing profession.
- 3) Challenges of this project was first creating an APA format paper. Then exploring my own thoughts and putting them on paper, never really had to think what nursing is and meant to me. I just did it and enjoyed what I did.
- 4) Skills now as a result are developing ways to articulate my thoughts and feelings onto paper. Also better understand the nursing profession as a holistic way of caring, it not just the doing, it is also learning, educating, caring, showing compassion, empathy, using critical thinking, and showing leadership skills.
- 5) Impact of future artifacts will be knowing how to set up an APA format paper. As for learning and roll as a BSN is that this brought out the basics of nursing no matter what type of role you decide to pursue. It all comes down to nursing is about helping others in a compassionate, safe, competent, accountable way while being divestible. Nurses make a difference in healthcare.